

### **ROTARY CLUB OF MUMBAI MAHIM**

**DISTRICT 3141, CLUB No. 59127** 



## MAHIM WAVES

FEBRUARY, 2024





- R. I. President Gordon McInally District Governor Arun Bhargava
  - President Pradnya Sabnis Secretary Vidula Kshirsagar
- 🌺 Bulletin Chairperson Shobha Karnik 💠 Co Editor Asavari Chandodkar 🌣





### FROM PRESIDENT'S DESK



Dear RCMM Members,

I trust this message finds each of you in good health and high spirits. It is with great pleasure that I share my reflections on the recent conference attended by our dedicated members along with me and take a moment to highlight the impactful projects we undertook during February, 2024.

#### **Conference Reflections**

Our members had the privilege of attending the "Darpan the Reflection", a District Conference of 3141, an event that proved to be both enlightening and inspiring. The diverse range of speakers and interactive sessions left our delegation with a wealth of knowledge and fresh perspectives. The connections made with fellow Rotarians from different clubs were truly invaluable, fostering a sense of camaraderie that reinforces the global impact of Rotary.

The conference started with an impressive Presidential March by all the Presidents and District officials. It was a great pride for me to represent our club for the same. Rtn Lena Mjerskaug was the chief guest representing Rotary International. RI President's message addressing the attendees was played on the screen. DG Arun Bhargava spoke about his dearest project, Project National Integration at Kashmir and introduced Brig. Vinod Negi who is working with our district to make a big difference in the Valley of Kashmir by educating the children and also girls for nursing. It's a great feeling to be part of such an impactful project as I had witnessed the same during my visit to Kashmir. Dr. Madhubala Joshi Chincharkar shared her experience about being part of the Antarctica Research centre. Could learn a lot of things about how global warming is going to affect our lives if we don't change our habits in time. Ms. Sarika Jain spoke about her journey of becoming an IRS in spite of being differently-abled and a girl from a typical Marwari family from a village. It was a very inspiring experience. Justice S J Kathawalla (Retd) shared his humorous experiences while working as a Judge. DG Arun Bhargva also shared one remarkable project of each club on screen which motivated clubs to do more such meaningful projects. Our own Rtn Shobha Karnik helped DG to compile the projects and made a good presentation for the same. She was specially recognized by giving a memento by Arun ji. A lot of lucky draws were a special attraction too. Overall, the conference was a great success with good arrangements, tasty food, best speakers, and entertainment too. This inspired 22 of our members to register for next year's Discon.





### FROM PRESIDENT'S DESK

As we assimilate the lessons learned and ideas gathered, I encourage each of you to leverage this experience to enhance our projects, foster innovation, and strengthen the bonds of fellowship within our club.

#### **Project Highlights:**

Our commitment to service remained steadfast throughout the month, resulting in the successful execution of several impactful projects. I am thrilled to highlight a few notable initiatives:

- > Donated welding kits to Sai Adhar Orphanage in Vasai, enabling children to learn skills for self-sufficiency.
- > Renowned educator Dr. Ajay Darekar's motivational session at Dadar Vidya Mandir was truly inspiring.
- > Donated Exercise Bars to Manobal, Deepstambh Foundation led by Mr. Yajurvendra Mahajan at Jalgaon. Manobal supports differently abled, Transgender children and prepare them for competitive exams like banking, IPS, and IAS.
- > Donation of two steel cupboards for the library to Shree Shantadurga High school Vadacha pat school in Konkan area.
- > Distribution of ration to TB patients and teachers of Tilher school
- > Donated a battery for the wheel chair to Mr. Gopinath, a physically challenged Zomato delivery worker, enabling him to work longer hours and support his family.

As we move forward, let us build upon the momentum generated by the conference and projects conducted. Together, we can continue to make a positive impact and be a beacon of hope for those in need. One such project is Organ Donation Awareness drive with stalwarts of our own members Rtn. Dr Nilesh Satbhai, Rtn. Sunita Padwal and Rtn. Dr. Pallavi Saple planed on 16th March.

Thank you for your unwavering commitment to Rotary, and I look forward to our continued collaboration in service and fellowship.

#### **Enjoy Rotary and Enrich Life.**





## MAHIM WAVES

### ROTARY CLUB OF MUMBAI MAHIM



## **BOARD OF DIRECTORS**



Rtn. Pradnya Sabnis President & Project National Integration



Rtn. Anand Limaye Vice President



Rtn. Vidula Kshirsagar Secretary & President Elect



Rtn. Varsha Parulekar Joint Secretary



Rtn. Shaila Rege Treasurer



Rtn. Jayanti Radhakrishnan Joint Treasurer



Rtn. Dr. Gurmit Kaur Bachher Immediate Past President



Rtn. Shobha Karnik Executive Secretary & e-Bulletin Editor



Rtn. Vandana Rajhansa The Rotary Foundation



Rtn. K Suryakumar Membership



Rtn. Usha Yegnaseshan Rtn. Nita Upadhyay Rtn. Pradeep Watve & Rtn. Vasant Pathak Public Image



Club Service





Club Service - Fellowship



Rtn. Dr. Sanhita Walavalkar & Rtn. Dr. Hemangee Dhavale Community Service - Medical



Rtn. Veena Watve Rtn. Uma Sahasrabudhe Community Service - Non Medical



Rtn. Dhananjay Patwardhan Vocational Service & Special Projects



Rtn. Chittaranjan Datar International Service



Rtn. Abhishek Shah **CSR** 



Rtn. Vidya Kulkarni Club Trainer



Rtn. Seema Patole &



Rtn. Revati Kanvinde Youth Service



Rtn. Lalit Anand Rege Sergeant At Arms



Rtn. Prakash Samudra Senior Club Advisor



Rtn. Pradeep Dixit Senior Club Advisor





#### RATION DISTRIBUTION UNDER PRADHAN MANTRI TB MUKT BHARAT

In continuation from last month, on 12<sup>th</sup> February, 2024 ration was distributed to 16 patients at BMC health Post near Shardashram school. Rtns. Gurmit and Vidula personally distributed the ration to the patients. We will be providing the ration during the period of their medication. Hope this helps the patients to regain their health and lead the normal life.









#### **ANNADAN - RATION DISTRIBUTION AT TILHER SCHOOL**

In continuation of Annadan Project on 16<sup>th</sup> February, 2024 RCMM distributed the ration for the month of January and February to the teachers of Tilher School at Vasai. Rtns. Kishore visited the school and distributed the ration.





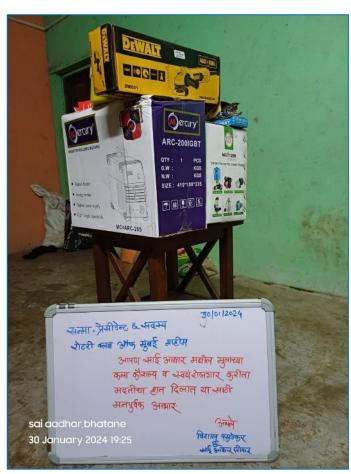




#### DONATION OF WELDING KITS TO SAI AADHAR HOME

Vishal Parulekar runs the Sai Aadhar Orphanage near Virar. He lost his parents when he was just 4 years old. Despite facing tough times, he managed to earn a BA degree with a Gold Medal from Mumbai University. At the age of 22, he decided to adopt orphaned children so that they wouldn't have to suffer like he did. He has since adopted over 70 children who were abandoned or lost their parents. RCMM has been supporting Sai Orphanage since last year.

Recently, we received a request letter from Vishal Parulekar of Sai Orphanage Home. He requested welding kits as two boys under his care are studying welding technology. These kits not only support their education but can also help them find employment in their village. Recognizing the importance of the kit, RCMM procured it from a local vendor and handed it over to Sai Orphanage Home.





"Vocational training empowers individuals with practical skills, opening doors to opportunity and economic independence."





#### DONATION OF CUPBOARDS FOR SCHOOL LIBRARY

Since last year RCMM has been associated with Shri Devi Shantadurga High school, a remarkable institution known for its emphasis on both academic excellence and professional skill development. The school is located in a remote area with not much facilities, no amenities, no great Laboratories but still students and their devoted teachers have done wonders. RCMM received a request through Rtn. Rashmi for the cupboards to store the books. Responding to this need, Rtn. Seema generously donated one cupboard, while the second was sponsored by the RCMM Trust.

On 13<sup>th</sup> February, 2024 the cupboards were officially handed over to the school, with Rtn. Rashmi inaugurating the event by cutting the ribbon. Looking ahead, we remain committed to supporting the school in its endeavors.





"Libraries hold many stories, and books help us explore endless worlds of learning and imagination."





### FIRST HAND EXPERIENCE OF HEART TRANSPLANT

Rtn. Dr. Shobha Patkar invited a very special guest speaker, Mrs. Seema Banhatti to share her First-Hand Experience of Heart Transplant. She narrated her husband Dr. Rajeev Banhatti's, journey from youthful optimism and a promising career in child psychiatrist, through years of living with a steadily worsening heart condition, to the long wait for life-saving transplant surgery and beyond.

During the years of steadily worsening heart condition, Dr. Rajeev wrote how he is going through and still trying to enjoy the life. After his death Mrs. Seema Banhatti released the book 'Second Time Around' to help others on a similar journey. His memoir tells how he coped with the emotional roller-coaster of living with a life-threatening heart condition, his determination to live life to the full despite his- worsening health, how he maintained hope through the dark times, and the intense gratitude he felt for his second chance at life.

Dr. Rajeev, was diagnosed with a rare type of cardiomyopathy in 2011 and had a successful heart transplant in 2014 after a long wait. Following the surgery, he had another eight years with his family and was dedicated to continuing to help others through his career. His journey was unlike others and he had four episodes of rejections in the first year following his transplant, which made for a challenging time.

Mrs. Seema said: "In spite of all the ups and downs he was always there for his family, friends and the people who needed him until his death. She could cope up through these difficult times, one because of Rajeev's positive attitude and second, she attended Vipasana sessions".

It was quite frightening to listen through the episode but "When we meet real tragedy in life, we can react in two ways — either by loosing hope and falling into self-destructive habits, or by using the challenge to find our inner strength."









### MOTIVATIONAL AND CARRIER GUIDANCE SESSION

After Dr. Ajay Darekar successfully conducted a Motivational and Career Guidance session at CSV, Dadar Vidya Mandir requested a similar session for their 10<sup>th</sup> Standard students. Dr. Darekar, an entrepreneur and founder of Versatile educaare system, aims to help students and youths discover themselves and unleash their true potential through creative communication, enthusiasm, listening, and empathetic skills.

The session took place on 8<sup>th</sup> February, 2024. It began with the Principal felicitating Dr. Ajay and PR Pradnya. Dr. Darekar's ability to connect with students was evident from their smiling faces. He taught them techniques for memorizing topics through visualization and emphasized the importance of proper posture, hydration, and meditation to enhance memory power. Overall, the session was fantastic, with students freely communicating and asking questions. Teachers requested similar sessions in the future.

Representatives from RCMM, including PR Pradnya and Rtns. Archana, Arati, Shaila, and Vrushali, attended the session, which was attended by about 60 students and teaching staff.















### GYM EQUIPMENT TO DEEPSTAMBH FOUNDATION MANOBAL

Deepstambh's Manobal is a non-profit Organization (NGO) working towards holistic quality education for all since 2009. It is India's first residential institute giving training for competitive examinations, technology and personality development to persons with disabilities, orphans, transgender and economically weaker students. Manobal also assists, students to get higher education and is dedicated to providing accessible and inclusive quality education. Currently they are present at Jalgoan and Pune in Maharashtra. The campus has Accessible Facilities, Digital Classrooms, Reading Room, Library, Computer Training Centre, Personality & Career Counselling Centre, Research Centre for PWD, Learning Laboratory, Music Training Centre, Handicraft Training & Production Unit, Health Check-up Centre, Gymnasium & Sports Centre and Girls' and Boys' Hostels.

PR Pradnya visited the campus on 21<sup>st</sup> February, 2024 and donated exercise bars requested by them. For all the children residing on the campus 20 hours exercise per week is compulsory. PR Pradnya also attended the evening Prarthana and it was a great experience.













### **DONATION OF WHEEL CHAIR BATTERY**

The story of Gopinath Sawant, a resident of Sewri, is truly touching. Despite facing a devastating railway accident that cost him both his legs, he didn't lose hope. As the sole breadwinner with two daughters and a son who is deaf, the situation was dire for his family. However, Gopinath's resilience is remarkable.

Refusing to be defeated, he turned to digital media in search of a motorized wheelchair donor to help him secure employment. His perseverance paid off when he received a New Motion Wheelchair. With this newfound mobility, he began working with Zomato, earning Rs. 200 to 250 per day. Yet, his determination didn't stop there.

Facing the challenge of limited battery life, Gopinath sought assistance to acquire an additional battery, enabling him to travel longer distances and earn more income. Approaching Rtn. Shital, known for her charitable work, he found support. The proposal for providing the battery was swiftly approved by RCMM members.

When Gopinath attended the Club Meeting on 23<sup>rd</sup> February, 2024, he expressed heartfelt gratitude to all the members for their assistance. Their overwhelming response and genuine happiness to see the smile on Gopinath's face showcased the power of compassion and community support.









### **DISTRICT INITIATIVE & CO-HOST**

#### 1. Incredible DISCON - Darpan

District Conference is an important event in every Rotary District. Each year, Districts hold a conference for club members so they can learn about what's happening in Rotary and their District and meet other Rotarians in the area. The conference usually lasts one to two days and includes:

- A visit from a RI President's representative, who gives an update on Rotary International and inspires and motivates participants
- A report on the district, including its successes and challenges
- Local and international speakers giving information on topics relevant to district members
- Time to network, reconnect with friends, and find inspiration for continuing service and community leadership

This year District 3141 had organized District Conference Darpan (Reflections) at NESCO Banquets, Mumbai on 10<sup>th</sup> February, 2024. The conference commenced with Presidential March.







Presidential March was followed by National Anthem and beautiful Invocation Dance. RIPR Lena Myerskang from Norway addressed the audience on behalf of RI President. DLF Dilip Mulay explained the purpose of the day and DG Arun Bhargava gave his opening remarks.

#### **Project: National Integration**

An Audio-visual was played showcasing the work done by District 3141 in Kashmir Valley so far. It was very impressive. Brigadier Negi emphasized the importance of addressing terrorism & winning the trust of Kashmiris through education, healthcare, opportunities for a peaceful future.





### **DISTRICT INITIATIVE & CO-HOST**

#### Incredible DISCON - Darpan



Rotary District 3141 is partnering with the Indian Army to fund children's education, provide motorcycle ambulances, and offer midwifery and nursing courses for Kashmiri girls in Mumbai, contributing to national unity. He spoke about how his wife mixed with the locals to gain their confidence.



Abida War embodies Kashmir's spirit and serves as a vital connection between Kashmiri girls and the army, being a fearless and energetic advocate for peace, progress, and reconciliation. Together with the girls, she led renditions of the National Anthem and orchestrated Tirange marches, exemplifying unity and patriotism.

Throughout day there were quite interesting speakers.

**Sarita Jain**, a polio-affected girl from a Marwadi family in Orissa, defies odds to become a Chartered Accountant and IRS Officer, currently serving as Deputy Commissioner of Income Tax. Her journey showcases that disability is merely a mindset. With passion, drive, and determination, she breaks through societal biases, supported by her mother, to achieve her aspirations, inspiring the middle class.

**Justice Kanthawala** has had a distinguished career in law, serving as both an advocate and a judge. Renowned for his fearlessness, he has rendered numerous rulings in favor of justice, captivating audiences with his eloquence and commitment to upholding the law.

**Dr. Madhubala Chinchankar-Joshi,** the first female doctor to join the Indian mission to Antarctica, delivered a compelling presentation on Antarctic life, highlighting her team's triumphs and challenges. Enduring six months of isolation with endless days and nights, she emphasized the impact of climate change even in remote areas. A tribute to her daring, competence, and passion for innovation.

Zankar Gadkari highlighted the importance of mentors and benefactors in enabling ordinary individuals to achieve extraordinary feats, citing **Dinesh Lad** as a mentor for Previn Sawant, a long-distance channel swimmer.

"Motivational Talks: Chanakya Nite - Navigating the Disruptive World of Tomorrow" presented by Radhakrishnan Pillai, Santosh Nair, and Priyavartha Mafatlal. Vocational awards were presented to celebrities from various fields.





### **DISTRICT INITIATIVE & CO-HOST**

#### Incredible DISCON - Darpan

The District Conference venue and arrangements were simple yet elegant, attracting over 1000 plus Rotarians. It was a fantastic opportunity to network, make new friends, catch up with old acquaintances, learn about social issues, and enjoy the friendly atmosphere of Rotary. Distinguished speakers covered diverse topics, and there were exciting gifts at the lucky draw, including a diamond pendant won by Rtn. Suryakumar. AV was presented showcasing the various projects executed by all the clubs. Rtn. Shotha Karnik's AV presentation earned her the Vocational Excellence Award. RCMM had good attendance, with nearly 13 members present.

Additionally, 25 RCMM members spontaneously registered for DISCON 2025 Samanyay at Jio Centre: a joint program of Districts 3141 and 3142.





Diamond Pendant won by Rtn. Suryakumar – Lucky Draw



Vocational Excellence Award for Rtn. Shobha Karnik For AV Presentation





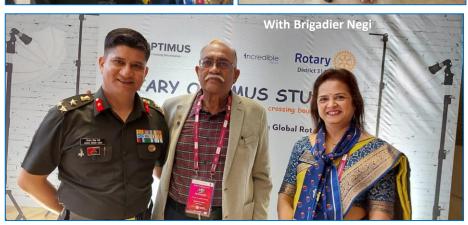
### **DISTRICT INITIATIVE & CO-HOST**

#### Incredible DISCON - Darpan

RCMM members took an opportunity of clicking the photos with speakers and celebrities.















With Sarita Jain, IAS Officer

With Sudesh Bhosale, Singer





## DISTRICT INITIATIVE & CO-HOST

#### 2. Celebrating ROTARY Birthday

The first Rotary Club was formed when attorney Paul P. Harris called together a meeting of three business acquaintances in downtown Chicago, United States, at Harris's friend Gustave Loehr's office in the Unity Building on Dearborn Street on February 23, 1905. This year Rotary celebrates its 119<sup>th</sup> birthday. Rtn. Nirav SHah had invited all South Mumbai Presidents along with DG at his residence for celebrating ROTARY birthday. PR. Pradnya actively participated in the celebration.









### **PATRONS & DONORS**





RC Mumbai Mahim is very grateful to all the donors without whom it is not possible to continue supporting larger section of less privileged community. We look forward for your continued support.

Donor's Name	Amount	Cause	Through Rotarian
Parulekar Shipping Pvt Ltd	10,800	Donation- Nutrition to TB patients	Kishore Parulekar
Rtn. Chittaranjan Datar	20,000	Donation - Defibrillator	



"Organ donation is as crucial as monetary donations. While financial contributions support various causes, the gift of organs saves lives and brings hope to those in need. Your decision to donate organs can make a profound impact, offering the ultimate gift of life to those awaiting transplants. Join the noble cause of organ donation and become a beacon of hope for individuals and families facing medical challenges."

Make a Lasting Impact: Register as an Organ Donor
On www.lblfoundation.org

## MAHIM WAVES

#### ROTARY CLUB OF MUMBAI MAHIM



### **FAMILY CORNER**



Heartiest congratulations to Rtn Dr. Pallavi Saple, for getting invited for sharing her experiences in 'Loksatta Varshvedh Prakashan Sohala'. She mentioned during her interview that "While serving as an officer in various cities and villages, actively sought to explore and understand the diverse locales, including their culinary offerings and architectural manifestations of folk culture. This approach ensured that each transfer brought a sense of fulfillment rather than disappointment".







She was interviewed by Actor Spruha Joshi along with retiered Judge Mrudula Bhatakar and Income Tax Commissioner Dr. Pallavi Darade

## MAHIM WAVES

#### ROTARY CLUB OF MUMBAI MAHIM



### **FAMILY CORNER**



Rtn. Dr. Pallavi Saple's journey to becoming the youngest Dean of J J Hospital is published in the newpaper and it is truly inspiring. She attributes her success to learning from her own mistakes and her unwavering dedication and passion. Her story serves as motivation for many.

Rtn. Dr. Pallavi Saple is a forward-thinking individual who is constantly seeking ways to enhance the services and educational opportunities at J J Hospital. Her latest initiative involves establishing the first-ever Medical Museum in India at the hospital. Her dedication and enthusiasm for improvement are truly commendable.



#### चुकांमधून शिकत गेले!

वर्षभर परीक्षेपुरता अभ्यास करणारी मी!
अभ्यासाची आवड कधीच नकती. आई मला नेहमी
म्हणायची, ''तू कादंबरी वाचताना हरवून जातेस.
हाक मारलेलीही ऐकू येत नाही. तसं अभ्यासाच्या
बावतीत होत नाही!'' पण याच पुस्तक वाचनातून
माझी इंग्रजी भाषा सुधारली आणि आयुष्यात अनेक
प्रसंगांत कसं वागाव याचे धडेही मिळाले.

अधिष्ठाता व्हायच्या एक दिवस आधीपयँत मी बालचिकित्सा विभागात प्राध्यापक होते. एरवी प्रशासकीय अधिकाऱ्यांना प्रशिक्षण मिळतं कामाचं. तसं काही आमच्या वैद्यकीय क्षेत्रात होत नाही. त्यामुळे अधिष्ठाता झाल्यानंतरही खास प्रशिक्षण असं काही नव्हतं, प्रसंगांना सामीरं जाताना ज्या चुका घडल्या त्या पुढे होणार नाहीत याची काळजी घेत वाटचाल केली. एक गोष्ट प्रकर्षानं जाणवली, की कुठल्याही अवघड परिस्थितीतून बाहेर पडताना मनावरचा ताण कमी करायचा असेल, तर आपल्याला आपल्या क्षेत्राबाहेरच्या व्यक्तींची, आपल्या कुटुंबीयांची अधिक मदत होते. माझ्यासाठी माझ्या जवळच्या व्यक्तींबरावरच पुस्तकं कायम मार्गदर्शक, मित्रवत राहिली आहेत. पुस्तक वाचनातून अनेकदा कुठल्या प्रसंगाला किती महत्त्व द्यायला हवं ? किंवा आपण एखाद्या गोष्टीवर विनाकारण त्रागा करतो आहोत का ? याविषयीची दिशा मला मिळत गेली. आता अधिष्ठाता होऊन सात वर्ष झाली आहेत. चुका आजही होतात, पण नव्या चुका करते आणि नवं काही शिकते !

अधिकारी म्हणून समोर येणाऱ्या अडचणी, समस्या हाताळताना सतत दुसऱ्यांचेच अहंकार वा विरोध अडथळे ठरतात असं नाही. आपला अहंकारही निर्णयाच्या आड येणार नाही यांची अधिक काळजी घ्यावी लागते ! इथेही पंचतंत्रातल्या गोष्टी, पौराणिक गोष्टींचं वाचन माझ्या मदतीला धावून आलं.

स्त्री-पुरुष समानतेच्या विचारावर ठाम असणाऱ्या माझ्यासारख्या स्त्रीला अधिष्ठाता झाल्यानंतर समानतेचा विचार प्रत्यक्षात पूर्णपणे साध्य झालेला नाही हे ठळकपणे जाणवलं. पुरुष अधिकाऱ्यानं चारचीघांतही खरेखोटं सुनावलं असेल, तर त्याबद्दल थोडीफार नाराजी व्यक्त करून गोष्टी सीडून दिल्या जातात. स्त्री अधिकाऱ्यांच्या बाबतीत मात्र ते सहन केलं जात नाही आणि 'हिला आता घडा शिकवतो' या दृष्टीनं पुढची वागणूक मिळते. अधिष्ठाता म्हणून माझी पहिलो निवुक्ती मिरजमच्ये झालो, तेव्हा 'हे नेमकं निभावायचं कसे ?' या प्रश्नाला उत्तर म्हणून माझ्या एका मित्रानं मला पंचतंत्रातल्या गोष्टीचा उपयोग करण्यास सुचवल ! पंचतंत्रातल्या गोष्टी बिण्णू शर्मानं तीन राजपुत्रांना सांगितल्या होत्या. त्यामुळ राज्यकर्त्याच्या दृष्टिकोनातृन या गोष्टी वाचण्याचा मित्राचा सल्ला उपयुक्त ठरला. पंचतंत्रातल्या गोष्टी असोत वा पौराणिक गोष्टी... त्या वास्तवात घडल्यात की नाही याच्या करत वसण्यापेक्षा तुम्ही त्यातृन काय घेऊ शकता, यावर लक्ष केंद्रित केलं पाहिजे. मी नेहमी म्हणते तसं, पुस्तकं खरोखरच मित्रवत आहेत. कृठल्याही दृष्टिकोन मला पुस्तकांनी दिला.

- डॉ. पल्लवी सापळे, अधिष्ठाता, जे. जे. रूगणालय reshma.raikwar@expressindia.com (जुलाखाती सकलन सहस्य - अभिषेक तेनी।



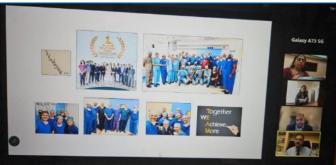


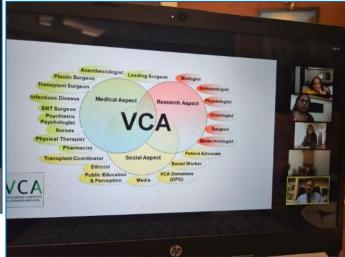
### **FAMILY CORNER**



Heartiest congratulations to Rtn Dr. Nilesh Satbhai, for getting invited for a talk on 'Limb Transplantation and counselling for Hand Donation' by the Rotary Club of Organ Donation (U.K). On 8<sup>th</sup> February, 2024 at 8.30 pm IST.











### **FAMILY CORNER**



Heartiest congratulations to Rtn. Dr. Sanhita Walavalkar, for delivering a lecture on 'Rational, Simple Algorithmic Approach in the management of Newly diagnosed Type II Diabetes' at MAHARSSDI 2024, Nashik.





Heartiest congratulations to Rtn. Dr. Gurmit Bachher, for getting invited as a speaker during Health Conclave at Garware Institute.







### FAMILY CORNER



Heartiest congratulations to Vanaja, wife of Rtn. K Suryakumar, for being the Secretary of the Indian Bonsai Society (IBS), Mumbai and actively participating in the exhibitions held at various locations in Mumbai.

Bonsai is the Japanese art of growing miniature trees in small ceramic pots. Also called 'Vaman Vriksha' the art is centuries old. Many clubs and societies in India are spreading the art of Bonsai throughout the country. It is a good way to preserve trees, get more oxygen, and also display them indoors even in constricted spaces. The Indian Bonsai Society, Mumbai is the pioneer society formed and is celebrating its 52<sup>nd</sup> year this year.

Recently, on 10<sup>th</sup> and 11<sup>th</sup> of February IBS conducted its annual bonsai exhibition at the Friends of Trees Show, held at Ruparel College Mahim and on 17<sup>th</sup> and 18<sup>th</sup> February at the MMRDA Show at Nature Park Dharavi. Vanaja had displayed bonsai from her personal collection, creating lovely landscapes. Large number of visitors came to view the exhibits.











For Private Circulation Only



### **FAMILY CORNER**







She also displayed her stones collection, it is also a Japanese Art, where stones from nature are displayed either on a tray filled with sand or on specially carved wooden based called DAIZAS. The stones are dig out from the mountains or rivers, and cleaned well but not carved or interfered with. They fall into different categories like object stones, landscapes, abstracts etc.







The Indian Bonsai Society, Mumbai, conducts classes in Bonsai and Suiseki at different centres in Mumbai and interested people can contact Vanaja at 9820113569 for more information.



### **FAMILY CORNER**

## Wishing you a day filled with Happiness and a year filled with Joy. Happy Birthday

Chaitra, daughter of Rtns. Varsha & Kishore Parulekar

Rtn. Pratibha Malvi

Rtn. Alka Khedkar

Arun, son of Rtn. Usha Seshan

Raj, son of Rtn. Abhishek Shah

Rtn. Dr. Gurmit Kaur Bachher

Vanaja, wife of Rtn. K Suryakumar

Preeti, daughter of Rtn. K Suryakumar

Mithila, daughter of Rtn. Uday Damale

Rtn. Arati Dhavale

Rukmini, daughter of Rtn. Revati Kanvinde

Rtn. Jayanti Radhakrishnan

Punya, daughter of Rtn. Chittaranjan Datar

Tanay, son of Rtn. Uday Damale

Rudhdi, daughter of Rtn. Dr Sanhita Walavalkar

Bizun, son of Rtn. Jehangir Adranvala





### **FAMILY CORNER**

## Wishing you a very happy wedding anniversary and many more wonderful years together



Rtn. Surashri & Vikram Gokhale

Rtn. K Suryakumar & Vanaja

Rtn. Vrushali & Vivek Kolhatkar

Rtn. Dr. Nilesh & Dr. Madhura Satbhai

Rtn. Dr Hemangee & Subhash Dhavale

Rtn. Pradnya & Yogin Sabnis

#### SOME INTERESTING FACTS

Australia is wider than the moon.

Venus is the only planet to spin clockwise.

Human teeth are the only part of the body that cannot heal themselves.

No number before 1,000 contains the letter A.

Like fingerprints, everyone's tongue print is different.

A cat has 32 muscles in each ear.

Visit our Website at <a href="https://rcmumbaimahim.rotaryindia.org">https://rcmumbaimahim.rotaryindia.org</a>
Facebook at <a href="https://www.facebook.com/rotarymahim/">https://www.facebook.com/rotarymahim/</a>